



October 2023

Milk options: 1% white milk 1% chocolate milk	Alternative lunches Chicken nuggets Grilled cheese	Tuna sandwich Caesar or garden salad <i>With or without chicken or tuna</i>
--	---	---

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Tortellini w/ Rosa Sauce Sausage & Veggies Garlic Bread Fruit & Milk	3 Italian Hoagie Tater Tots Baby Carrots Fruit Milk	4 National Taco Day 2 Beef Tacos Chips , Cheese & Salsa Fruit Milk	5 Grilled Cheese Sandwich Cheesy Tomato Soup Jello Cup Fruit Milk	6 Pick Your Slice Pizza Friday Caesar Salad Fruit Milk
9 Full Day Staff in Service No Students	10 Chicken Tenders Butter Noodles Cucumber Slices Fruit Milk	11 Steak Fajitas Spanish Rice Tortillas Fruit Milk	12 Pull Pork Sandwich Tater Tots Cowboy Baked Beans Fruit Milk	13 Pick Your Slice Pizza Friday Caesar Salad Fruit Milk
16 Big Vaz Chicken Sandwich Tater Tots Veggies Fruit Milk	17 Gyro on Pita w/Tzatziki Sauce LTO Cucumber Slices Kettle Chips Fruit Milk	18 Tuna Melt w/Tomatoes & Cheese Tater Tots Veggies Fruit & Milk	19 Chocolate Chips Pancakes Bacon Hash Brown Fruit Milk	20 Pick Your Slice Pizza Friday Caesar Salad Fruit Milk
23 Chicken Cheese Steak Tater Tots Veggies Fruit Milk	24 All Beef Hot Dog Waffle Fries Cucumber Slices Fruit Milk	25 Bacon Cheese Burger w/ Pickles Lettuce & Tomato OTS Tater Tots Fruit & Milk	26 Sausage, Egg & Cheese On Bagel Hash Brown Baby Carrots Fruit & Milk	27 Pick Your Slice Pizza Friday Caesar Salad Fruit Milk
30 Chicken Salad Pita Pocket Loaded Potato Soup Jello Cup Fruit Milk	31 French Toast Sticks Canadian Ham Hash Brown Fruit Milk			